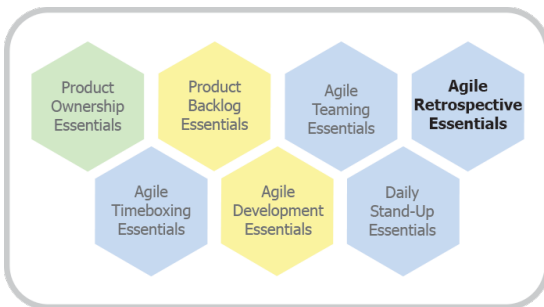




## Agile Retrospective Essentials

Part of the IJI Agile Essentials Practice Pack



*Agile Essentials practices provide a starter kit that describes key common aspects of team-based development. Each practice contains cards that provide succinct advice on how to successfully adopt and apply the practice.*

### Practice Overview

Make incremental improvements to the way of working through regular, repeated retrospectives.

#### Activities – the things we do

- **Hold a Retrospective:** The whole team meets regularly to reflect on its way of working. Improvements are identified and prioritized, and actions agreed. At the next retrospective, the results are evaluated.

#### Alphas – the essential elements that we progress

- **Improvement:** A possible adaptation to improve a Team's Way of Working.

#### Patterns - supporting practice guidance

- **Mad, Sad, Glad:** A popular approach to team brainstorming to identify potential improvements. Team members write on sticky notes what has made them Mad, Sad or Glad.

#### Resources - referenced external sources of information and content

- This practice description uses the OMG Essence standard, with key concepts like Activities, Work Products, Alphas and Patterns being defined by this standard (<http://www.omg.org/spec/Essence/>).
- **Retrospectives** have become an independently popular practice across the agile community (see for example [http://retrospectivewiki.org/index.php?title=Main\\_Page](http://retrospectivewiki.org/index.php?title=Main_Page)).
- Agile Retrospectives by Esther Derby and Diana Larson (2006) provides a wealth of guidance and patterns on running **Retrospectives**.
- Scrum uses **Retrospectives** (see for example <http://www.scrumguides.org/scrum-guide.html#events-retro>).
- **Mad, Sad, Glad** is a popular retrospective of unknown original source (see for example [http://retrospectivewiki.org/index.php?title=Glad,\\_Sad,\\_Mad](http://retrospectivewiki.org/index.php?title=Glad,_Sad,_Mad)).

Creating **winning** teams.